

Prevention Products Description & Method of Use

| PRODUCT | DESCRIPTION | METHOD OF USE |
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| 1.1% Sodium Fluoride Gel with Xylitol | Helps control decay, especially when used with Calcium and Phosphate | <ol style="list-style-type: none"> 1. Use once daily 2. Apply to tooth surfaces using toothbrush or in custom tray 3. Spit out excess 4. Do not rinse out 5. Do not eat or drink for 30 min. |
| MI Paste | <p>Helps control decay</p> <p>Remineralizes tooth structure</p> <p>Reduces Sensitivity</p> <p>Reduces white spots in enamel</p> | <ol style="list-style-type: none"> 1. Use once daily 2. Apply to tooth surfaces with Q-tip or in custom tray 3. Leave on teeth for 3-5 min. 4. Spit out excess 5. Do not eat or drink for 30 min. |
| ReNew Toothpaste | <p>Helps control decay</p> <p>Remineralizes tooth structure</p> | <ol style="list-style-type: none"> 1. Use in place of your current toothpaste, at least 2 times a day |
| <p>Thera-Mints with Xylitol (2 mints=1 gram xylitol)</p> <p>Thera-Gum with Xylitol (2 pieces gum=1.4grams xylitol)</p> | <p>Kills the bacteria that cause decay</p> <p>Increases saliva flow</p> <p>Improves tissue health</p> | <p>Mints</p> <ol style="list-style-type: none"> 1. Use a minimum of 12 mints over the course of the day 2. Slowly dissolve in mouth (Do not chew) <p>Gum</p> <ol style="list-style-type: none"> 1. Chew a minimum of 8 pieces during the course of the day 2. Chew 1 piece for 5 min. 8x/day |
| Chlorhexidine Gluconate: Peridex Perioguard | <p>Provides antimicrobial activity during oral rinsing</p> <p>Greatly reduces the amount of bacteria in plaque</p> | <ol style="list-style-type: none"> 1. Brush and floss teeth 2. Swish 1 tablespoon undiluted 3. Do not rinse with water, brush 4. Use once daily for 1 week, then once a week for next 6 months |
| Saliva Substitute: Biotene Products Salivant | <p>Helps reduce dry mouth symptoms</p> <p>Soothes and moistens tissues</p> | <ol style="list-style-type: none"> 1. Follow directions on product label |